

# WVCIA ACHA-NCHA DATA 2022

Presented by

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# WHO WE ARE

- WV Collegiate Initiative to Advance Healthy Campus Communities (WVCIA)
- Membership-based organization to proactively address substance use, violence, mental health issues, and stigma reduction among WV college students
- Currently 19 WV colleges and universities are member institutions and we partner with state agencies and nonprofit orgs (ex. ABCA, BBH, WVPS, GHSP)
- We provide professional development, evidence-based programs, technical support, assessment, and more

# ACHA-NCHA

- American College Health Association – National College Health Assessment
  - Nationally recognized survey that collects data about college students' health habits, behaviors, and perceptions.
  - First national administration was in 2000
  - It has gone through several revisions and recently re-written in 2019 (ACHA-NCHA III)
  - Web-based
  - 30-45 minutes to complete
  - Survey is completely confidential.

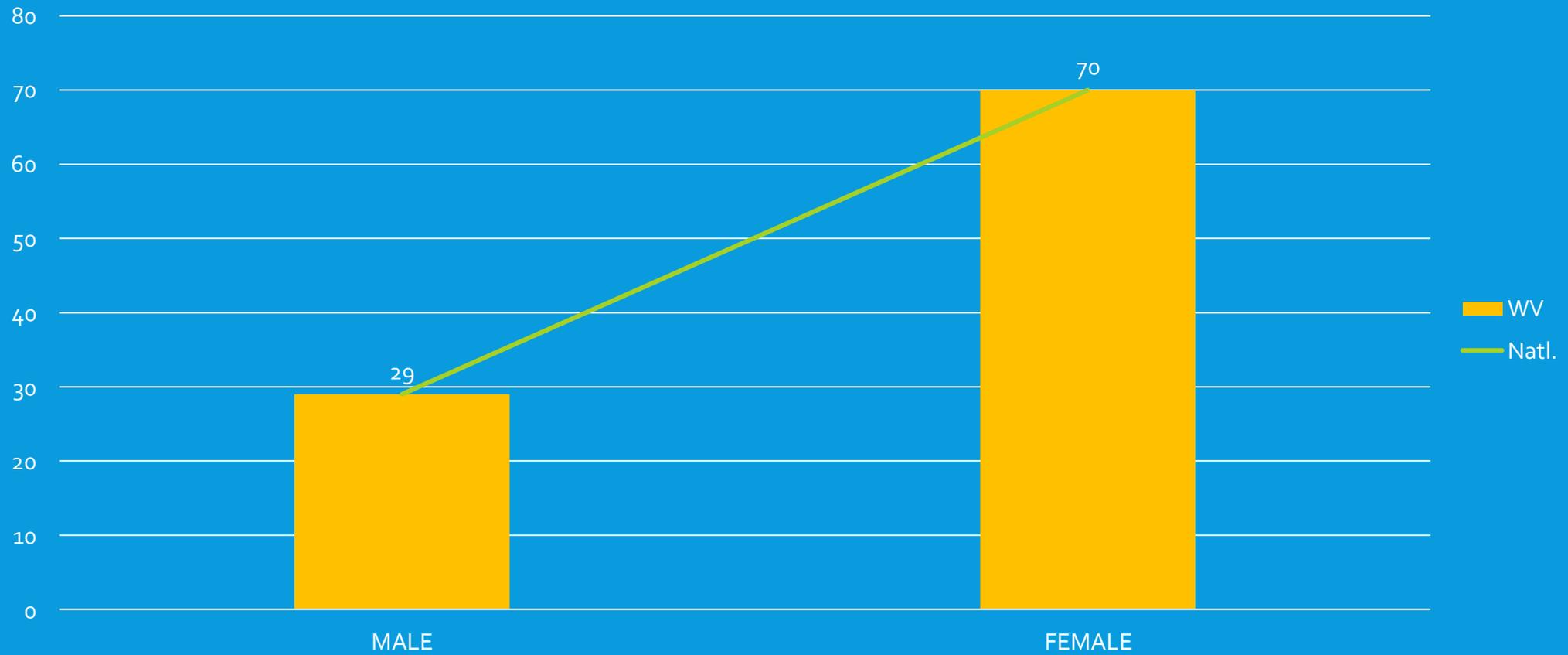
# WVCIA ACHA-NCHA ADMINISTRATION 2022

- 14 member schools participated
  - Alderson Broaddus University
  - BridgeValley Community and Technical College
  - Concord University
  - Glenville State College
  - Marshall University
  - New River Community and Technical College
  - Shepherd University
  - West Liberty University
  - West Virginia School of Osteopathic Medicine
  - West Virginia University
  - West Virginia University at Parkersburg
  - West Virginia University Institute of Technology
  - Wheeling University
  - West Virginia State University
- Administration window : February 01 through April 30
- WVU conducted their own ACHA-NCHA during Fall semester 2021
  - Data was added for state-wide analysis

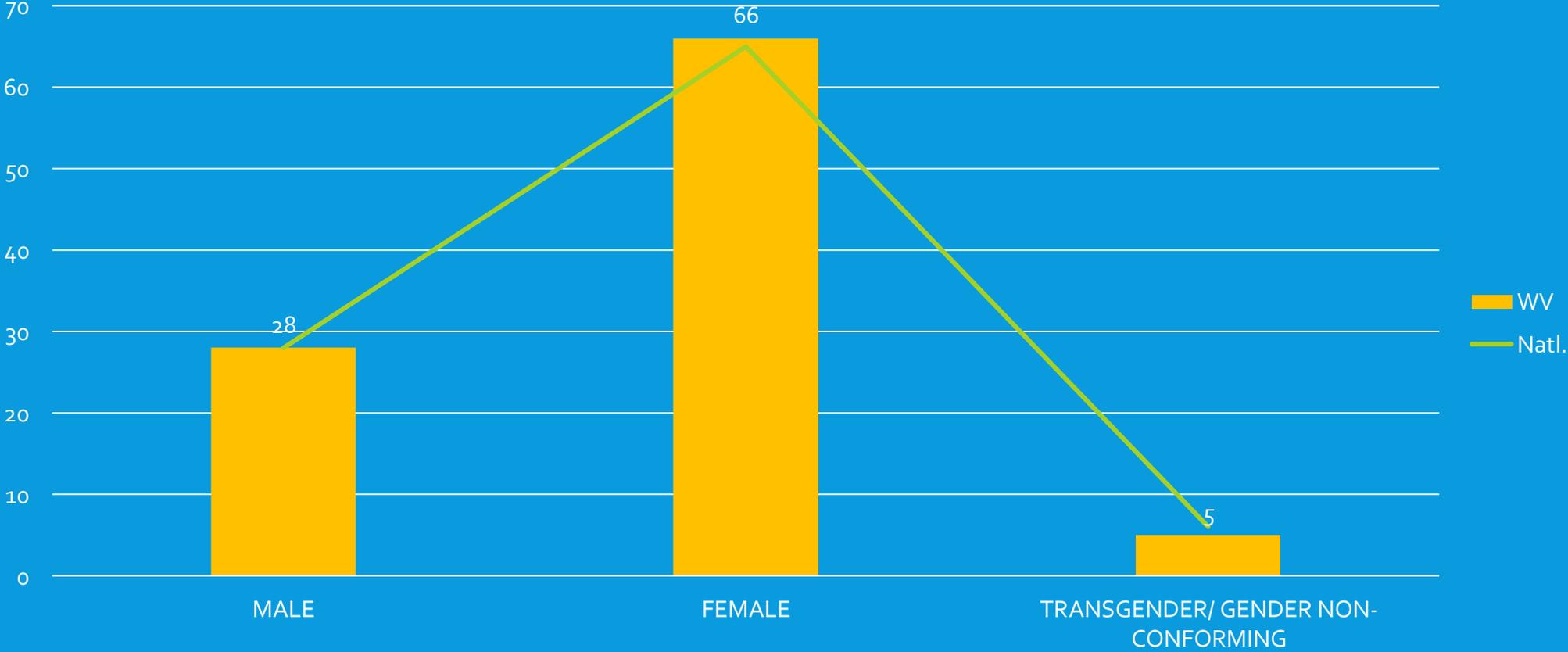
# WVCIA ACHA-NCHA SAMPLE

- 26,601 students surveyed
- 2,710 students responded
- Sample rate: 10%
- Grant awarded from HEPC for incentives
  - Purchased 2 Roku Smart TVs, 2 Amazon Echo Dots, and 2 Apple AirPods
- Survey can only be administered virtually
- New version ACHA-NCHA III Fall 2019

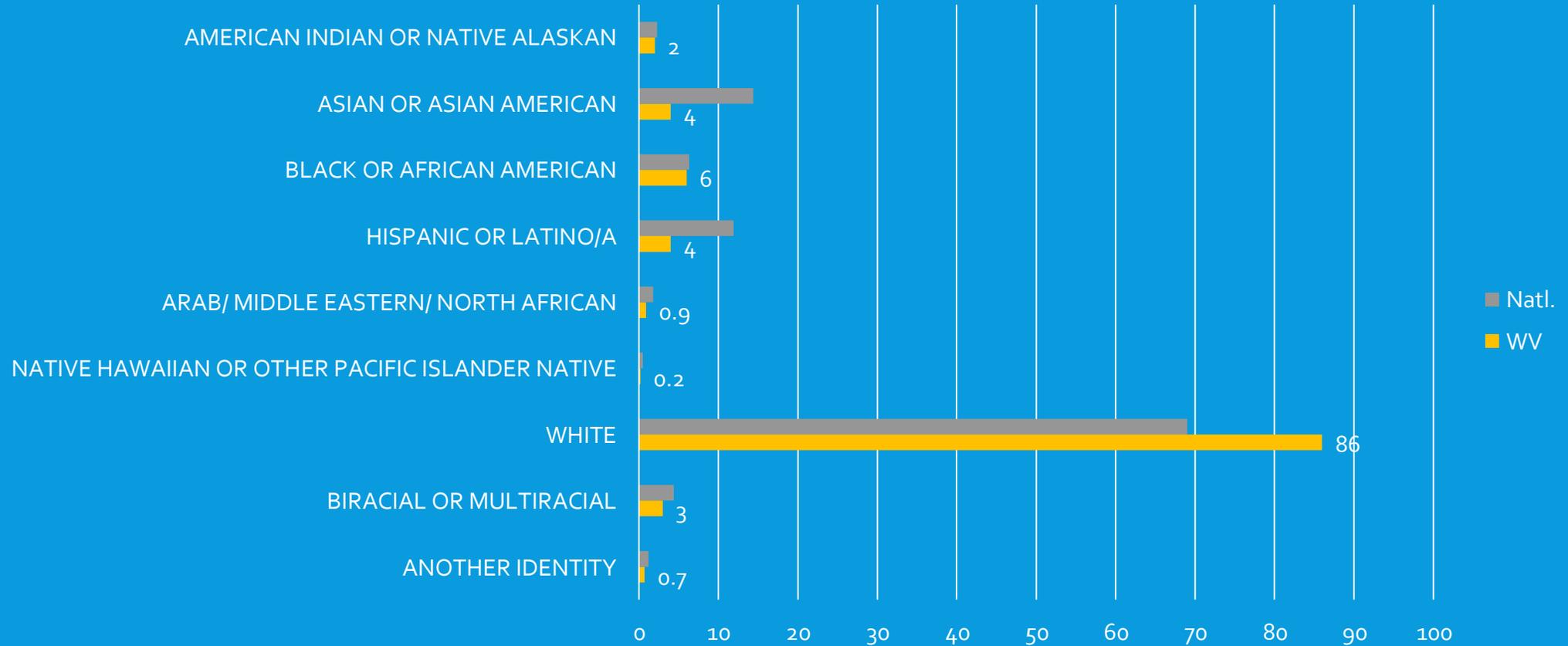
# SEX ASSIGNED AT BIRTH



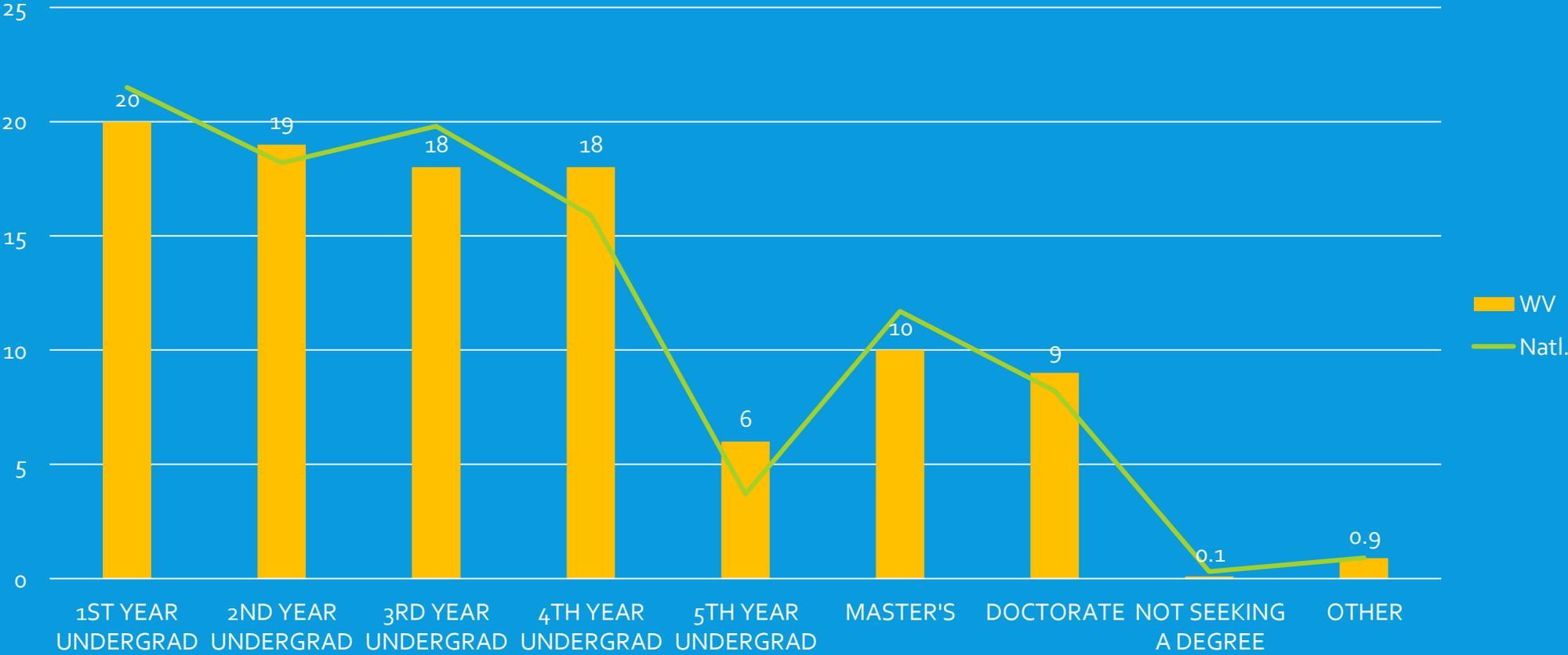
# GENDER



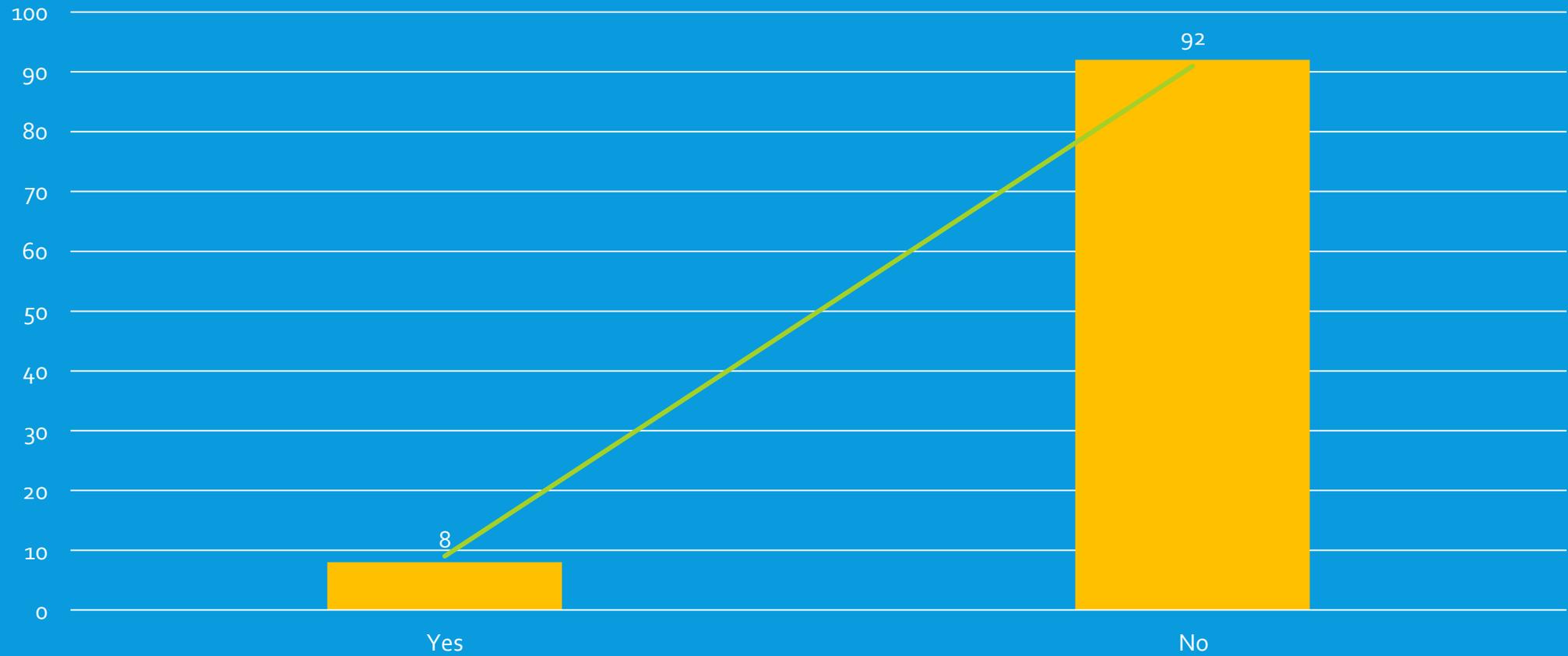
# RACE



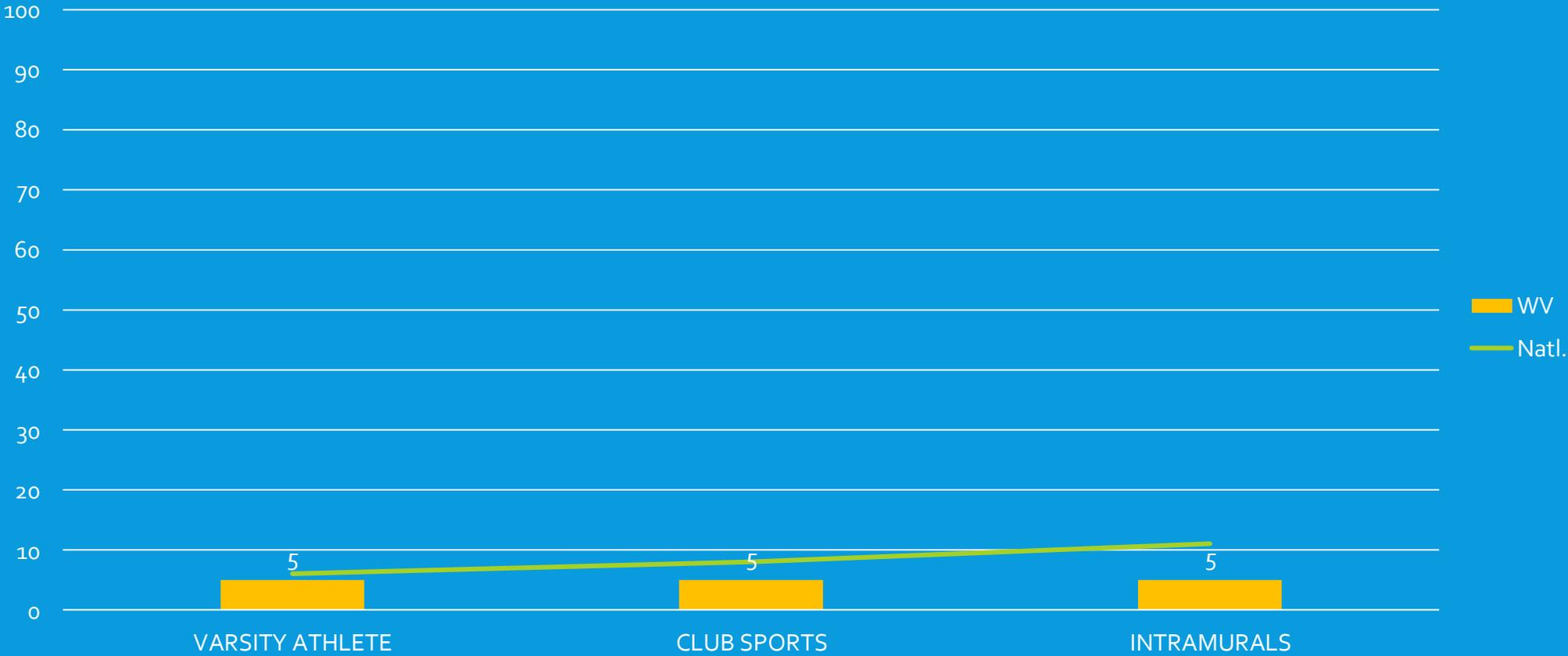
# YEAR IN SCHOOL



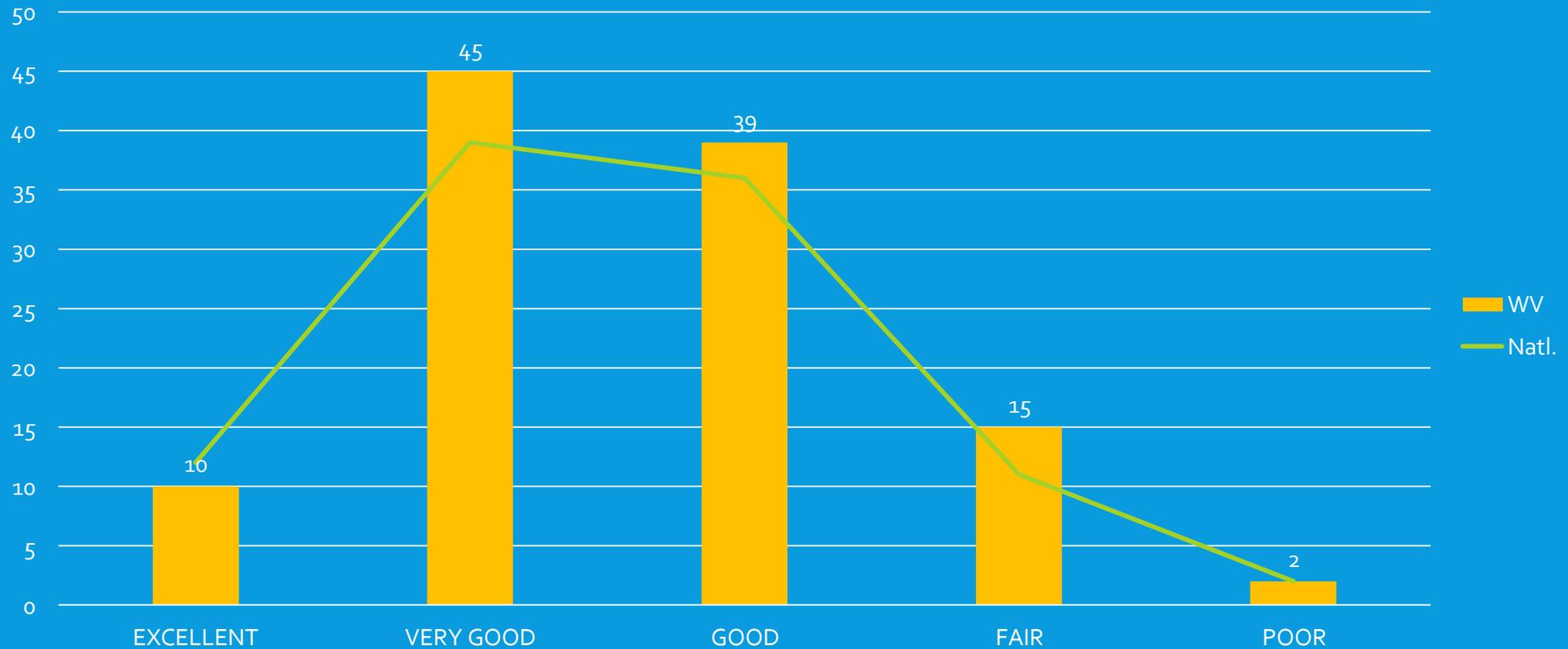
# GREEK LIFE INVOLVEMENT



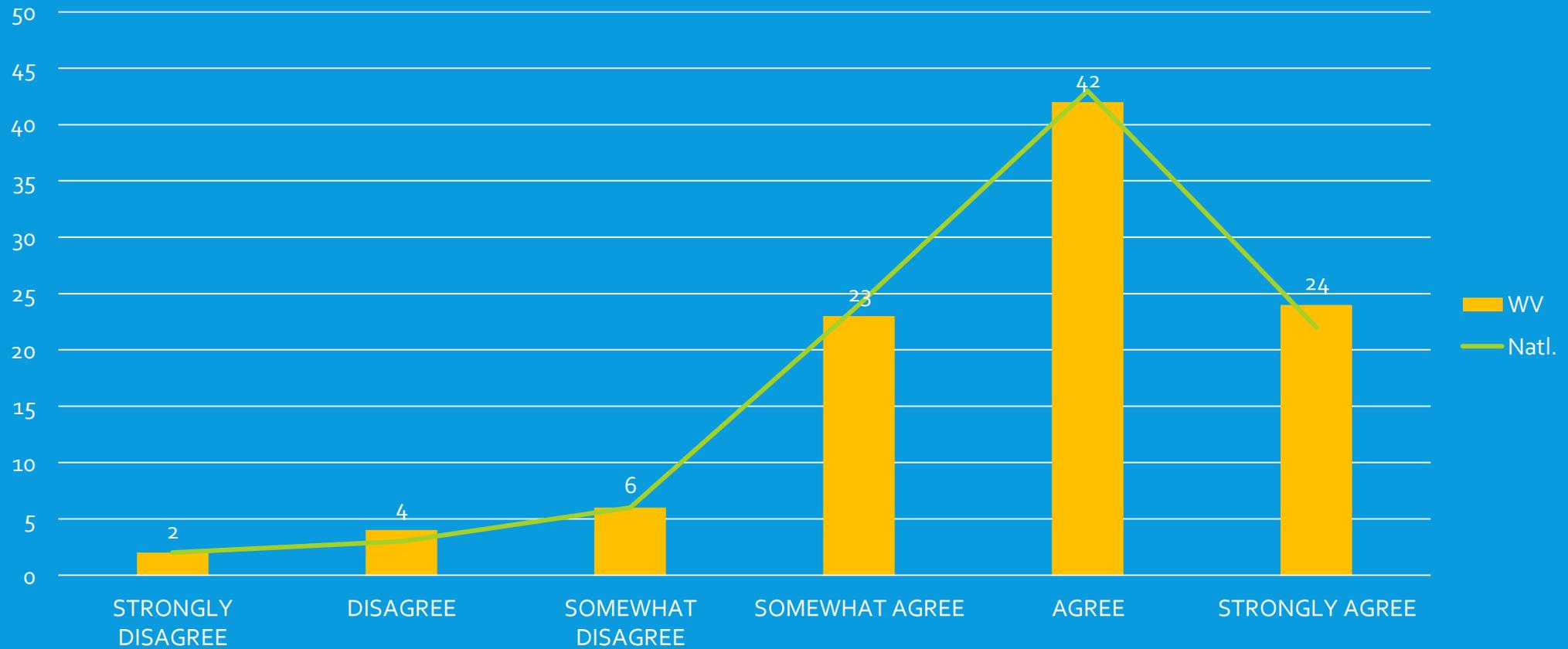
# INDICATED ATHLETIC INVOLVEMENT



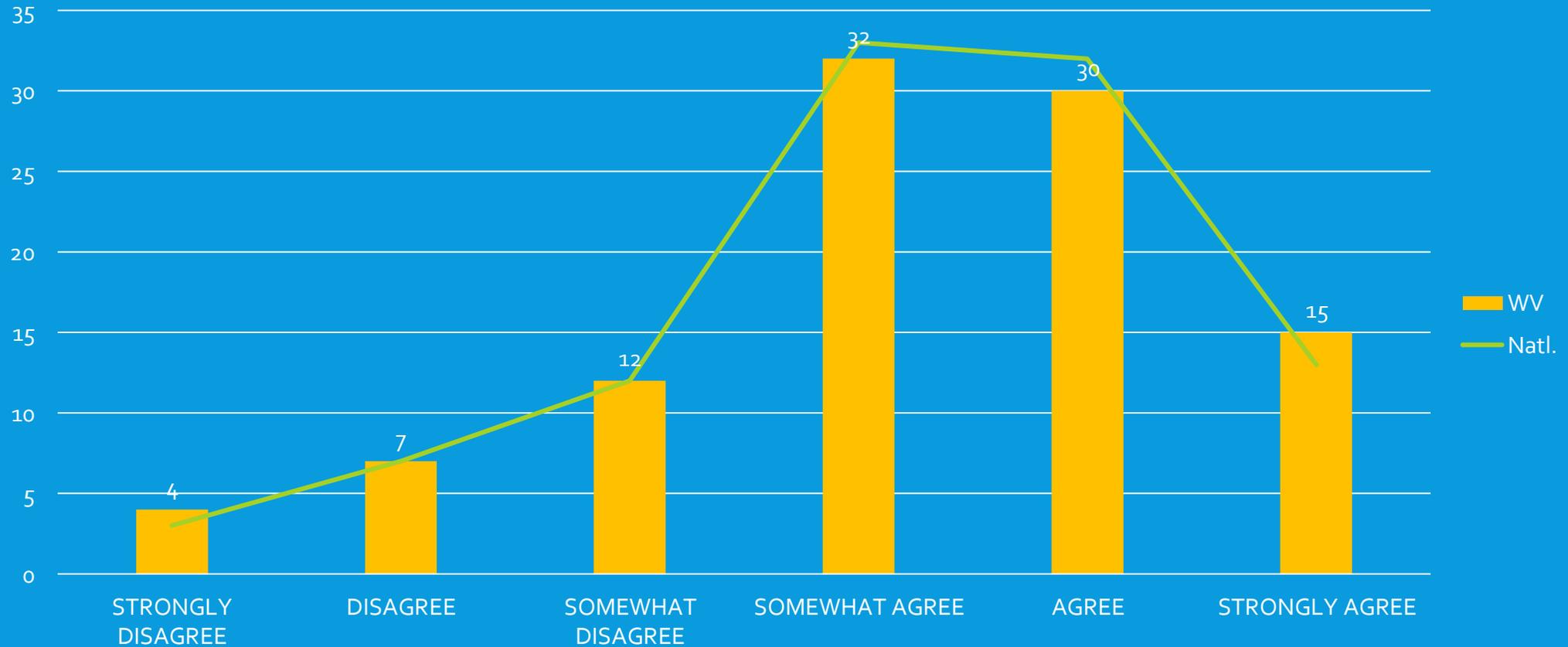
# REPORTED OVERALL HEALTH



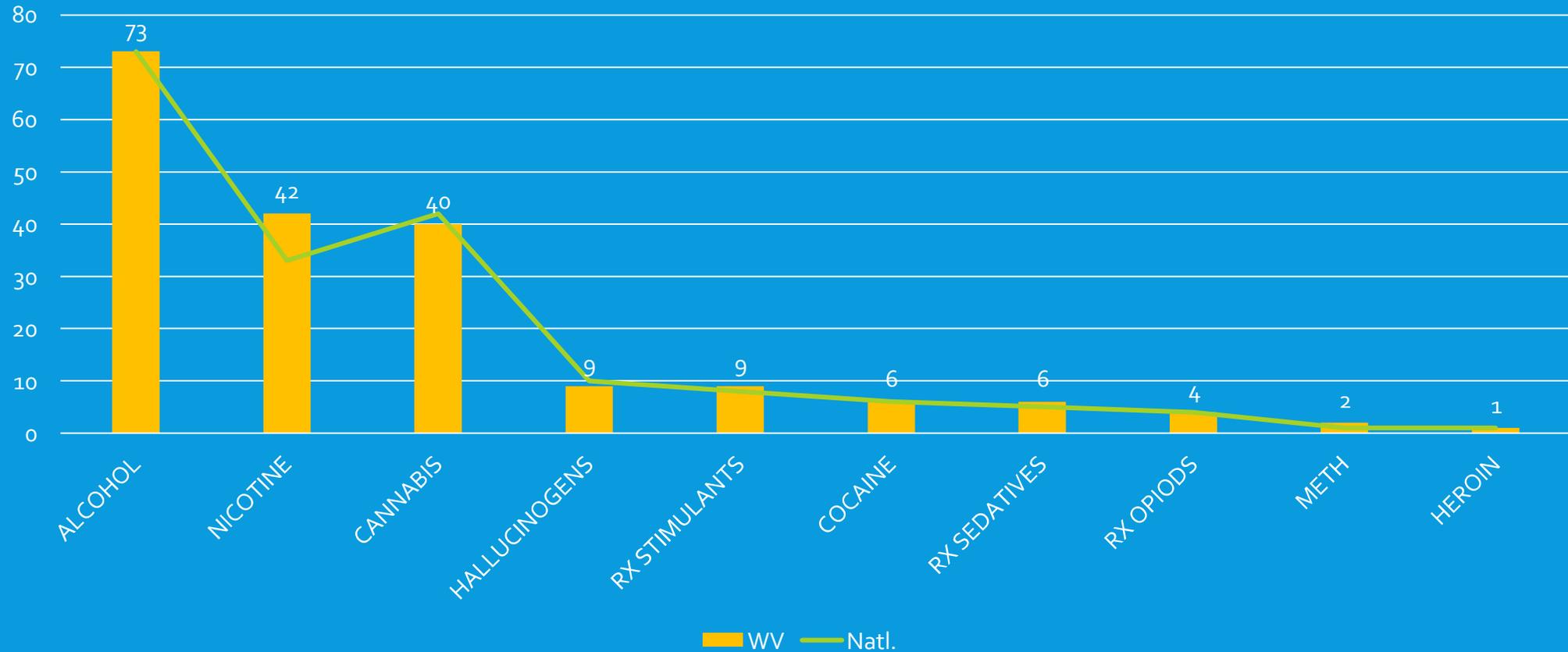
# I FEEL I BELONG AT MY SCHOOL



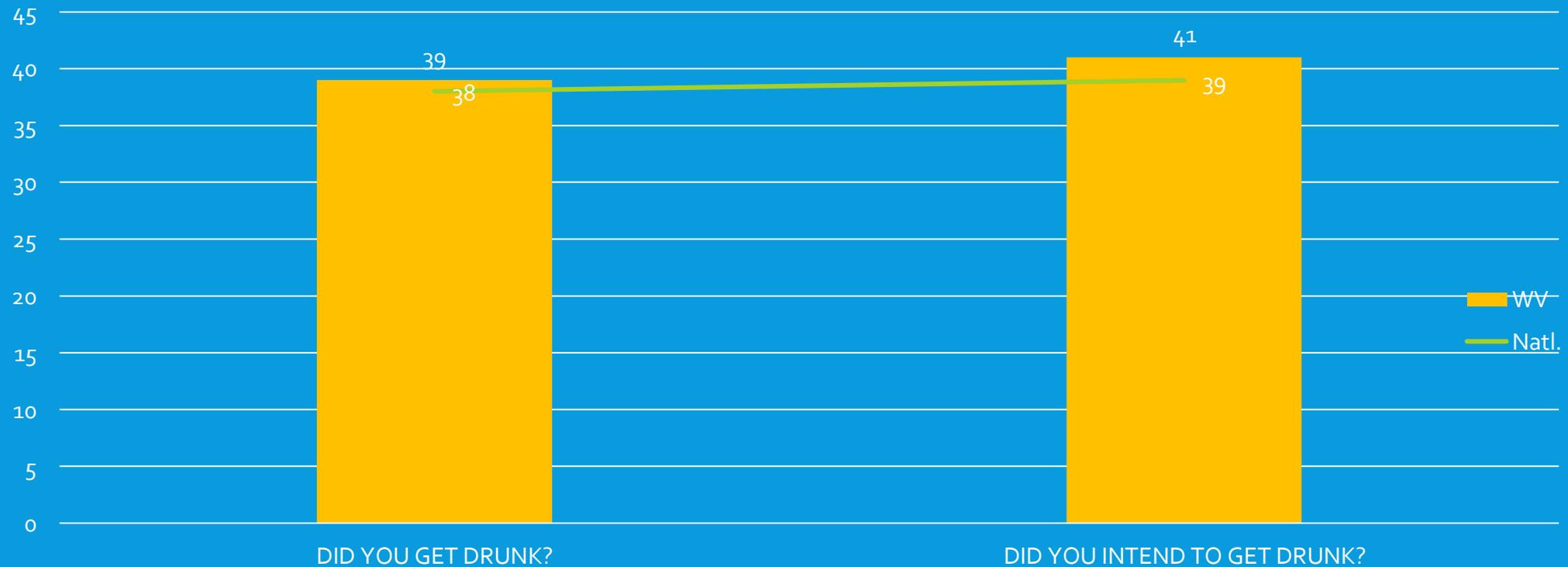
# STUDENT WELLBEING IS A PRIORITY AT MY SCHOOL



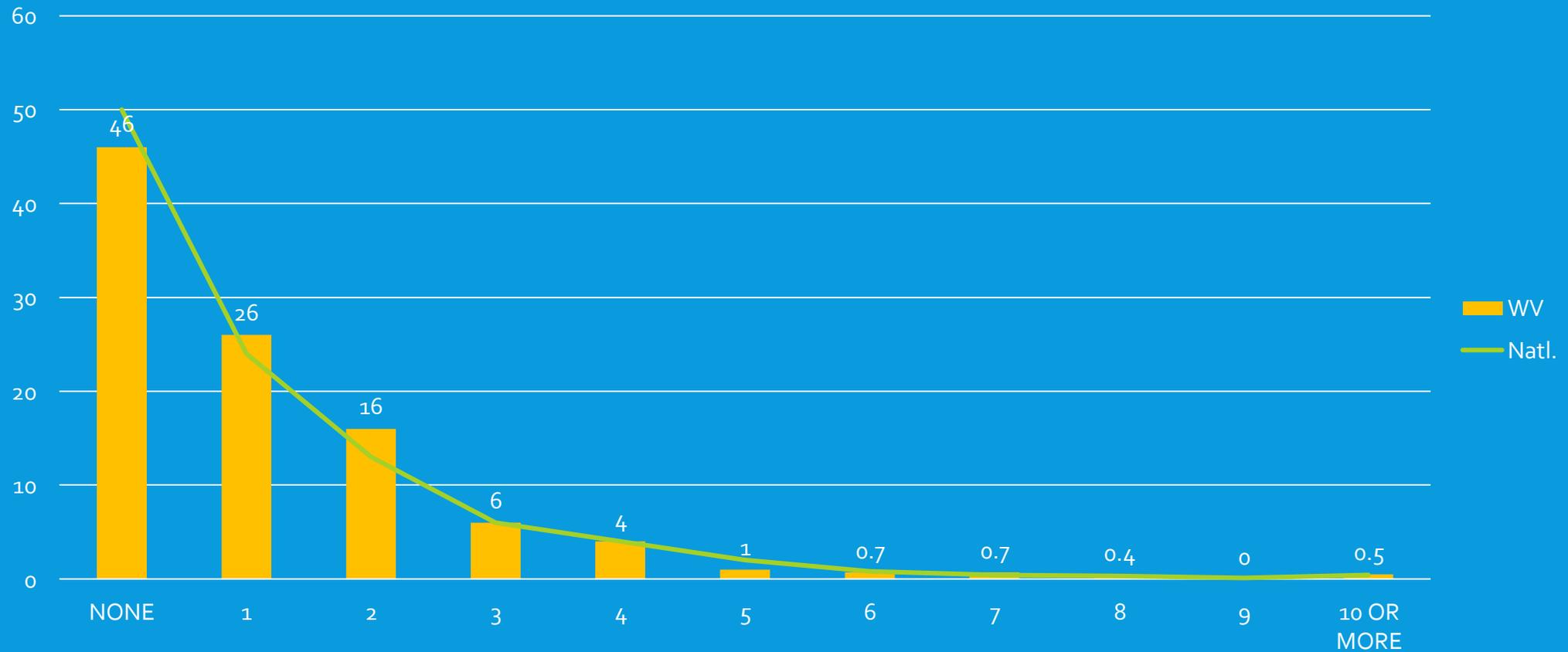
# SUBSTANCES EVER USED



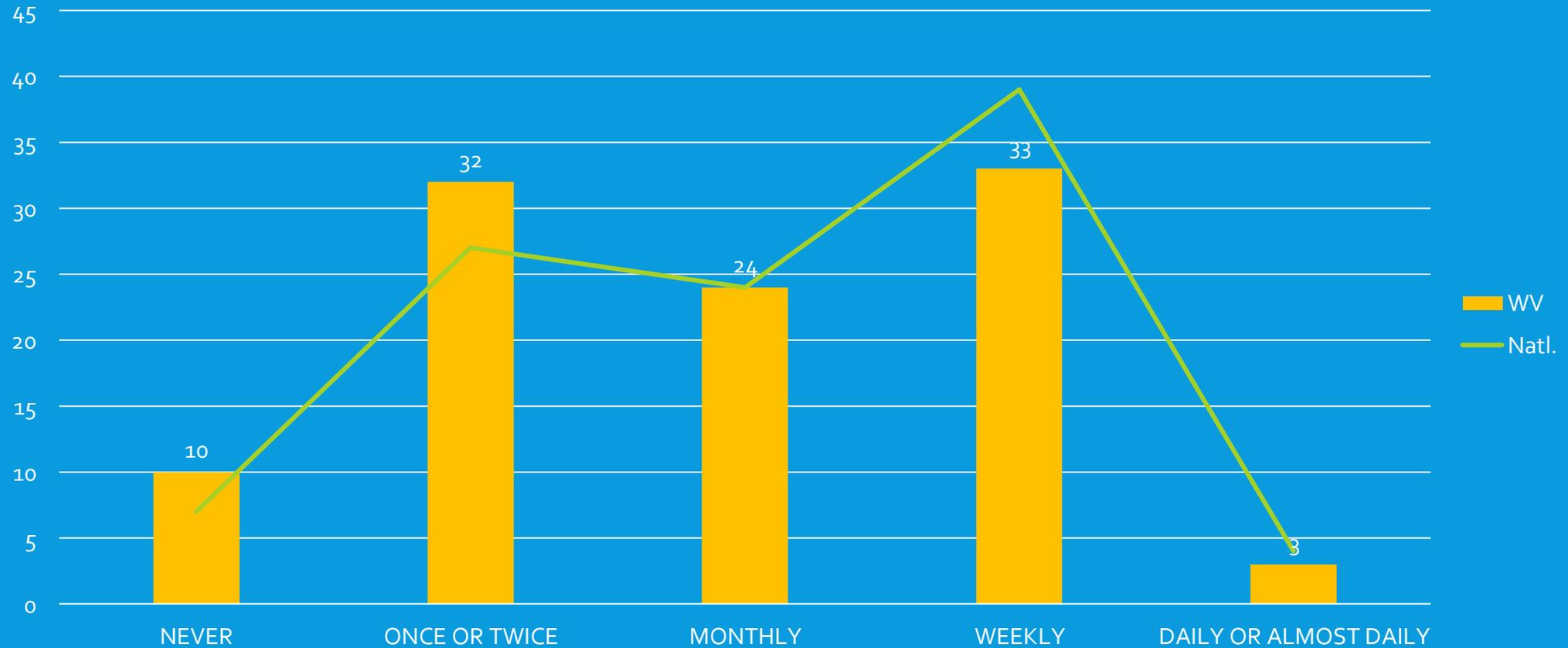
# THE LAST TIME YOU DRANK



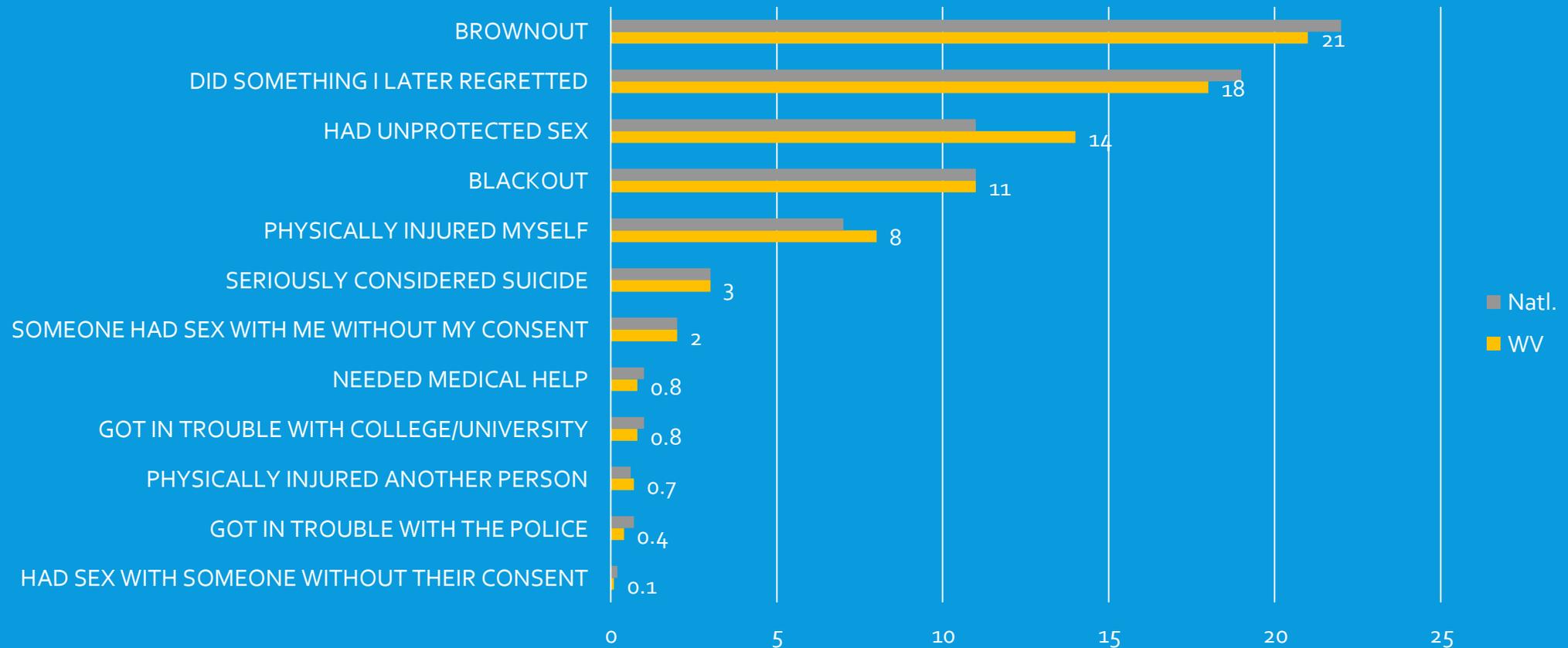
# 5 OR MORE DRINKS OF ALCOHOL AT A SITTING IN THE LAST 2 WEEKS



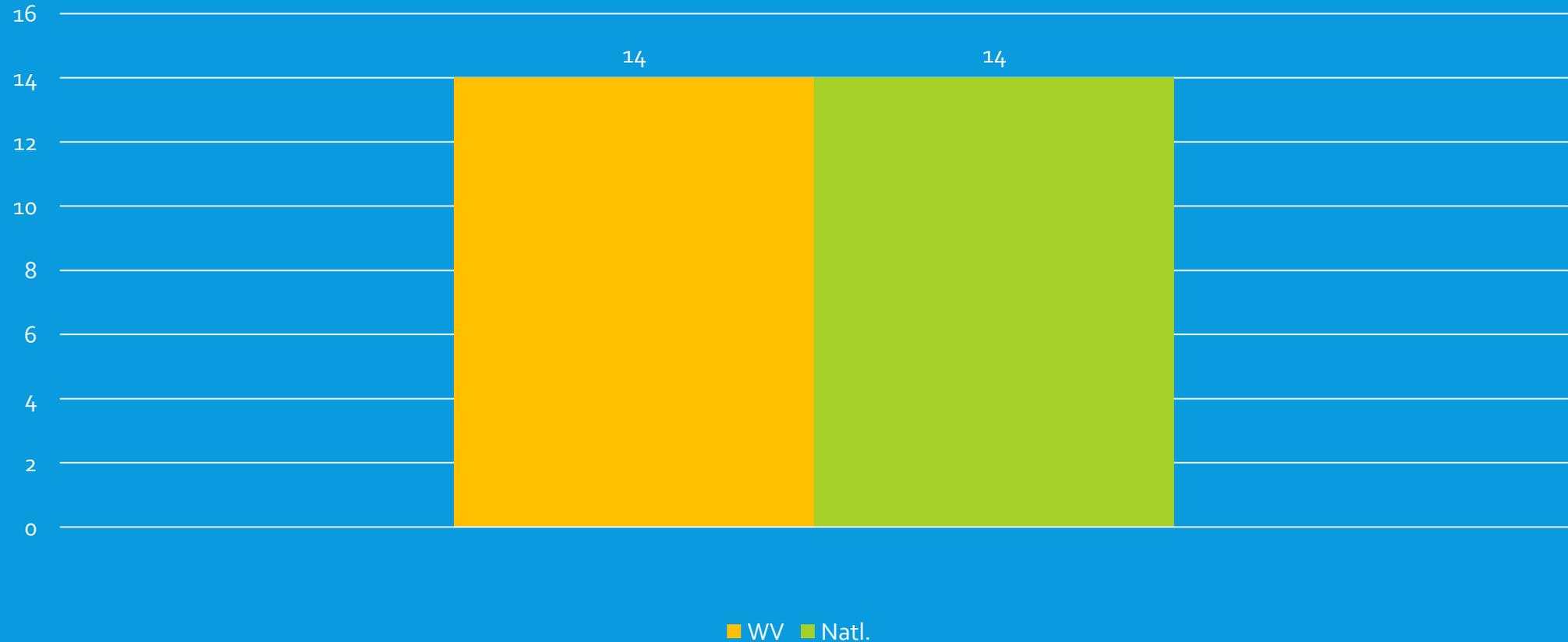
# FREQUENCY OF ALCOHOL IN THE LAST 3 MONTHS



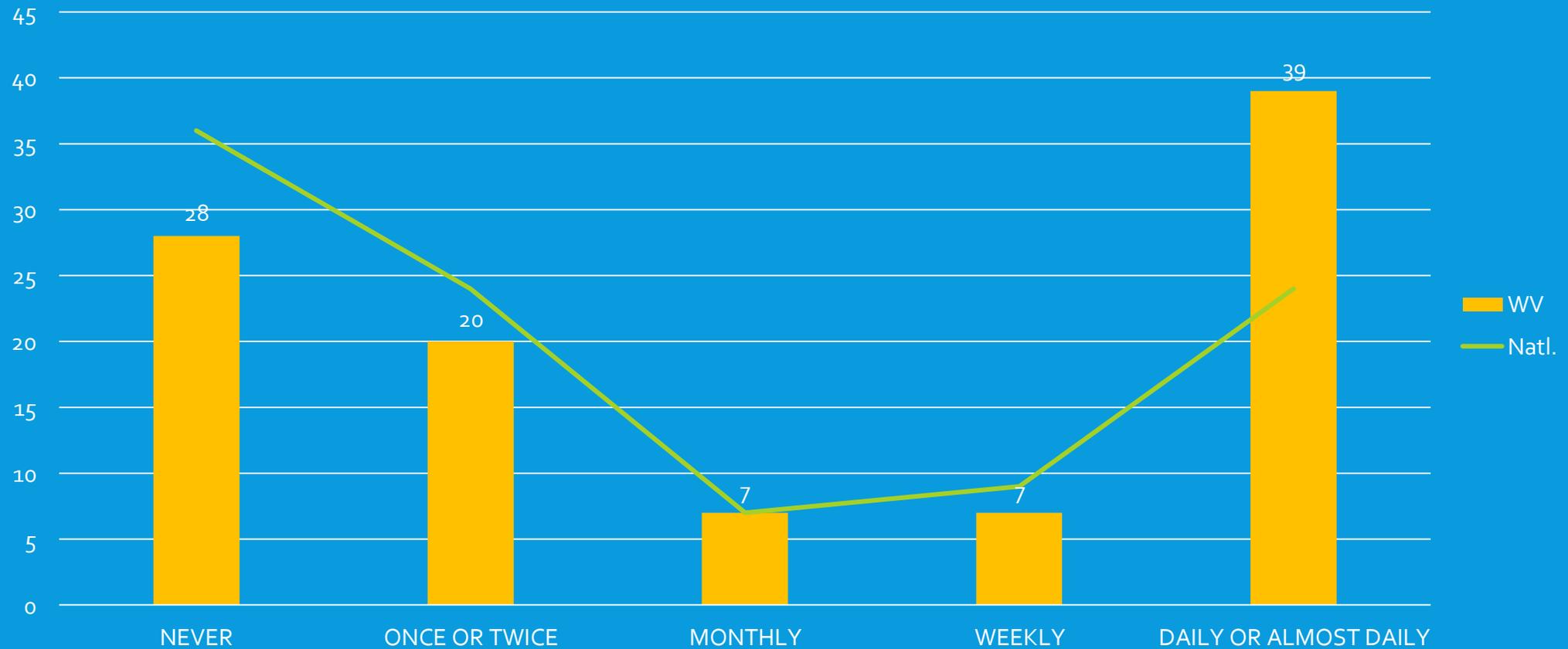
# EXPERIENCED WHEN DRINKING ALCOHOL IN THE LAST 12 MONTHS



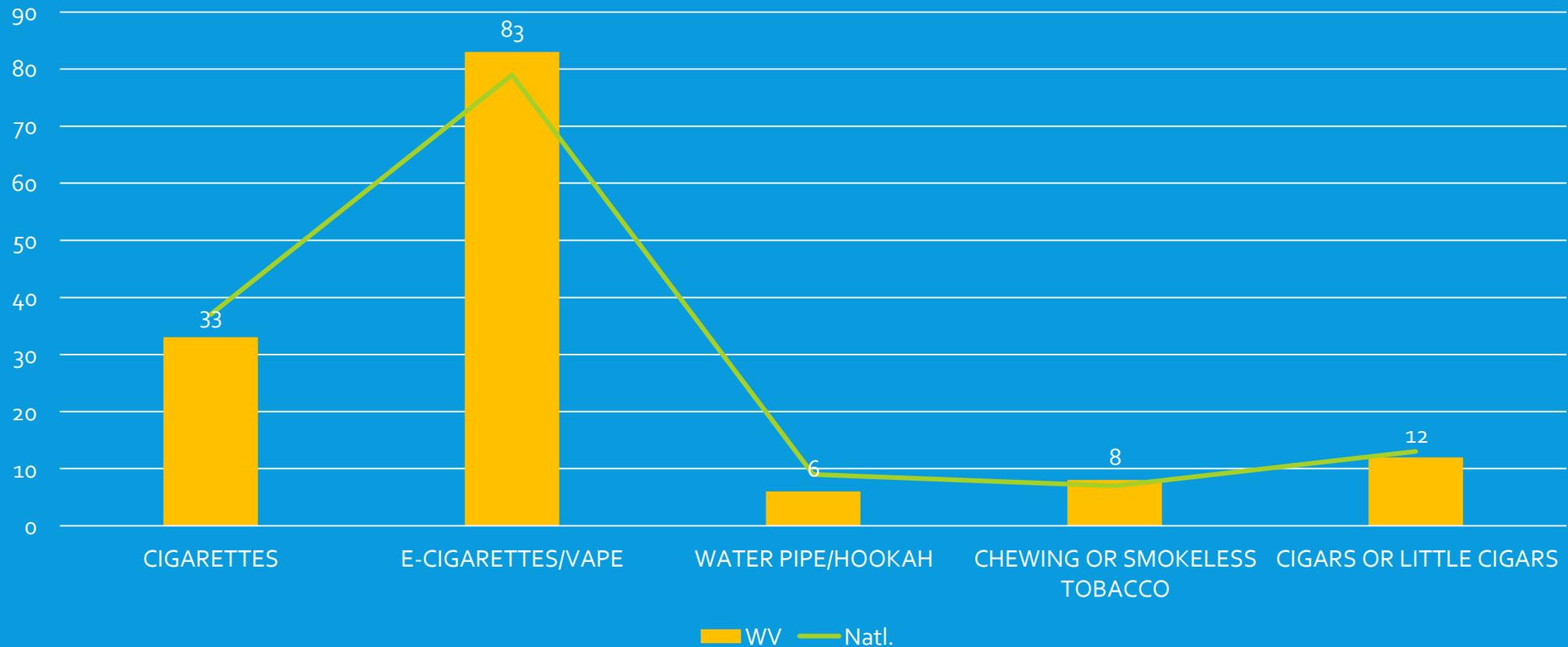
# DRIVE AFTER DRINKING IN THE LAST 30 DAYS



# FREQUENCY OF NICOTINE PRODUCTS IN THE LAST 3 MONTHS



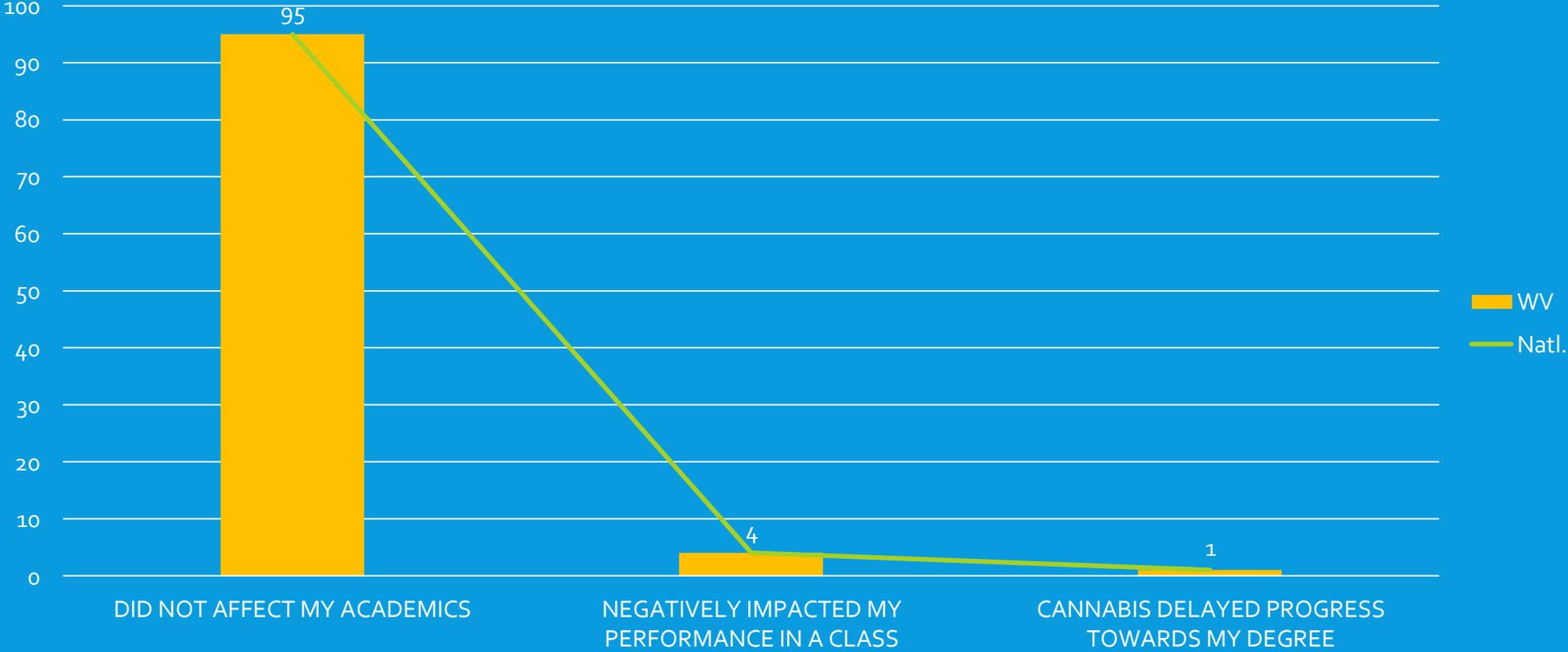
# TOBACCO PRODUCTS USED IN THE LAST 3 MONTH



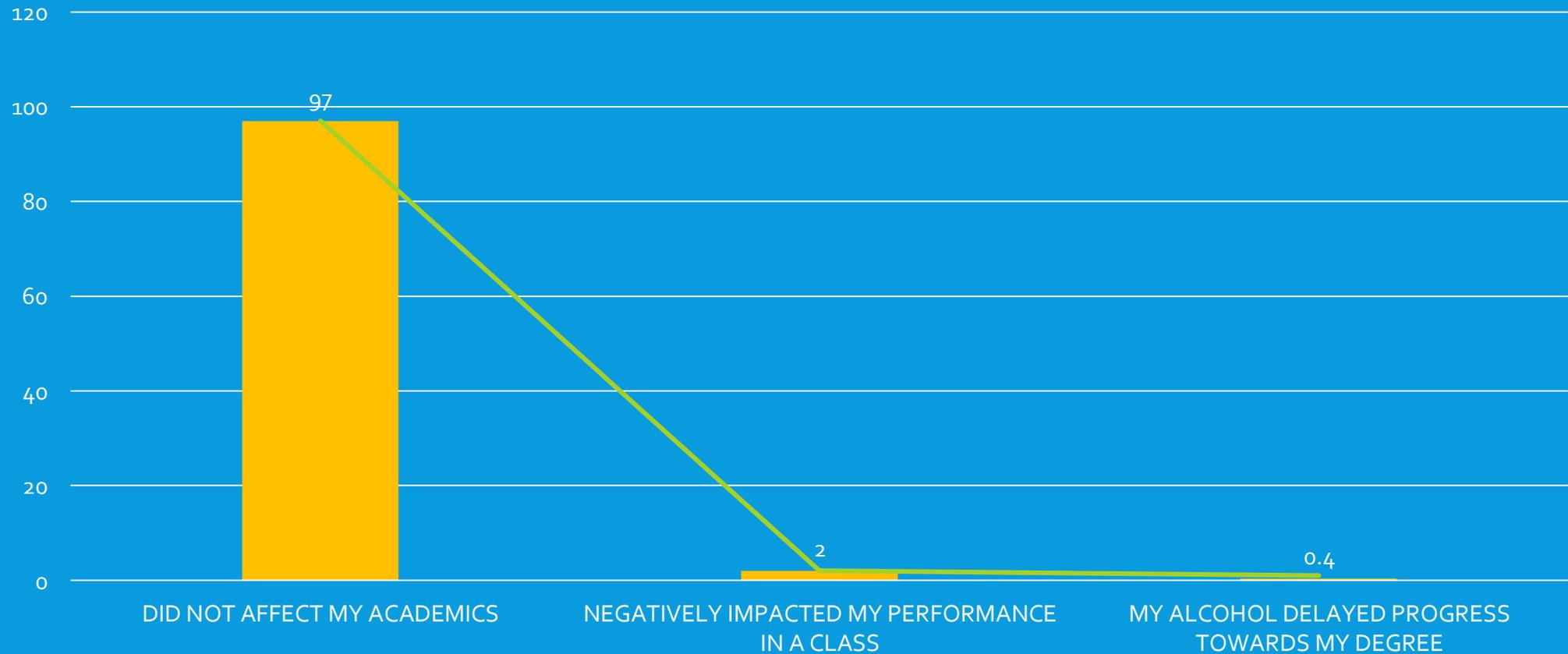
# FREQUENCY OF CANNABIS IN THE LAST 3 MONTHS



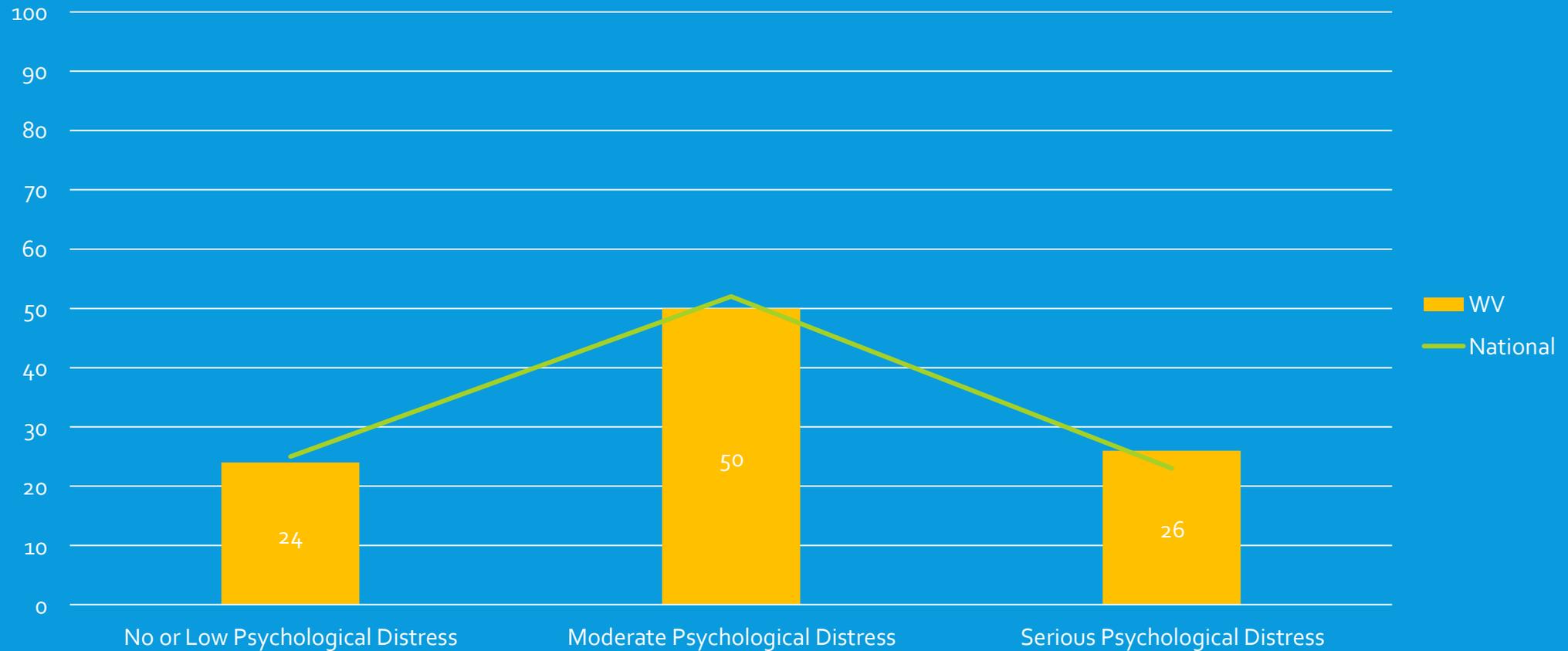
# CANNABIS IMPACT ON ACADEMICS



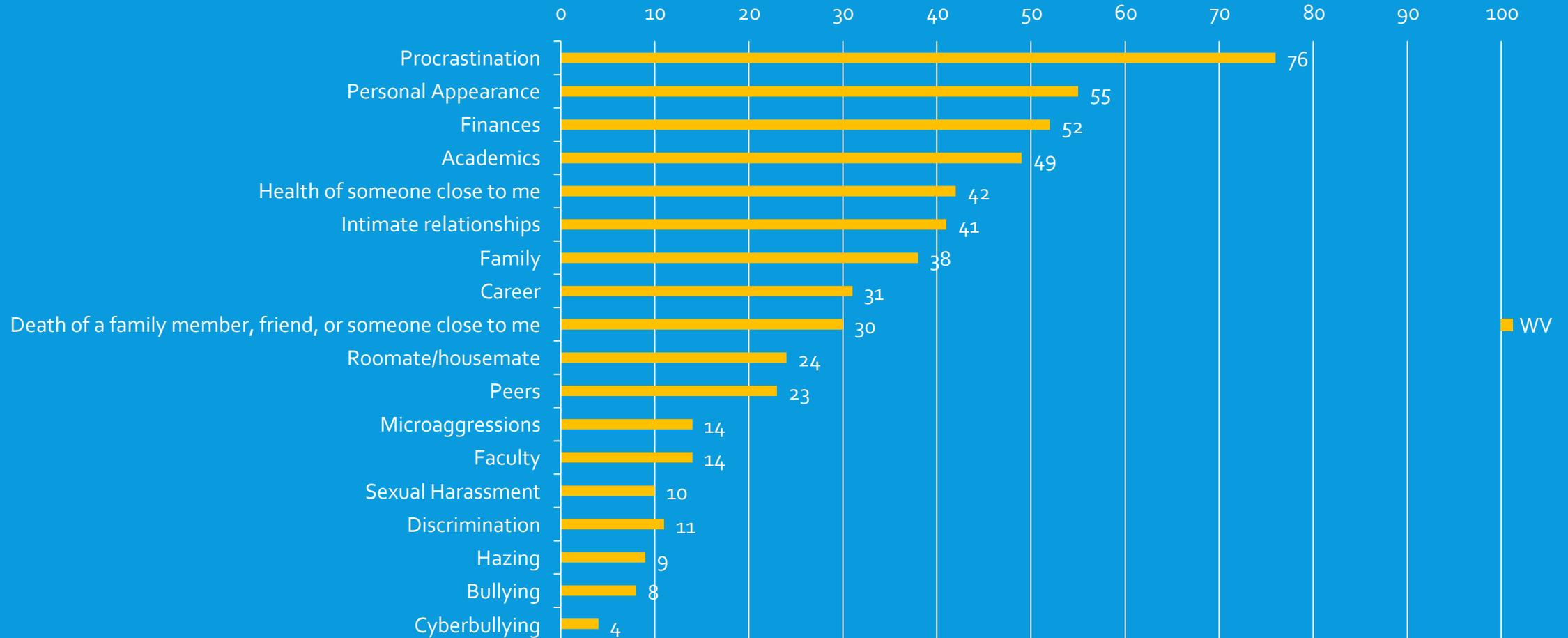
# ALCOHOL IMPACT ON ACADEMICS



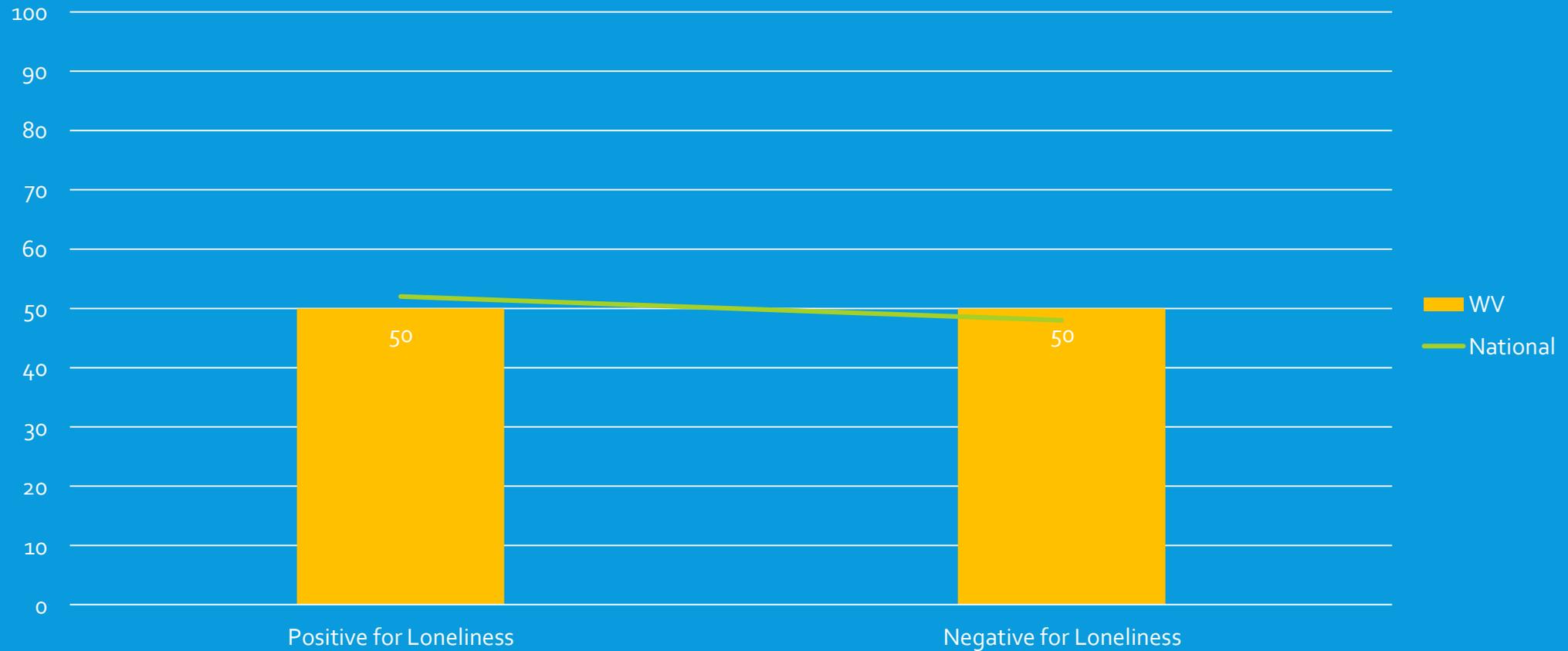
# SCREENING FOR NON-SPECIFIC SERIOUS MENTAL ILLNESS (KESSLER 6)



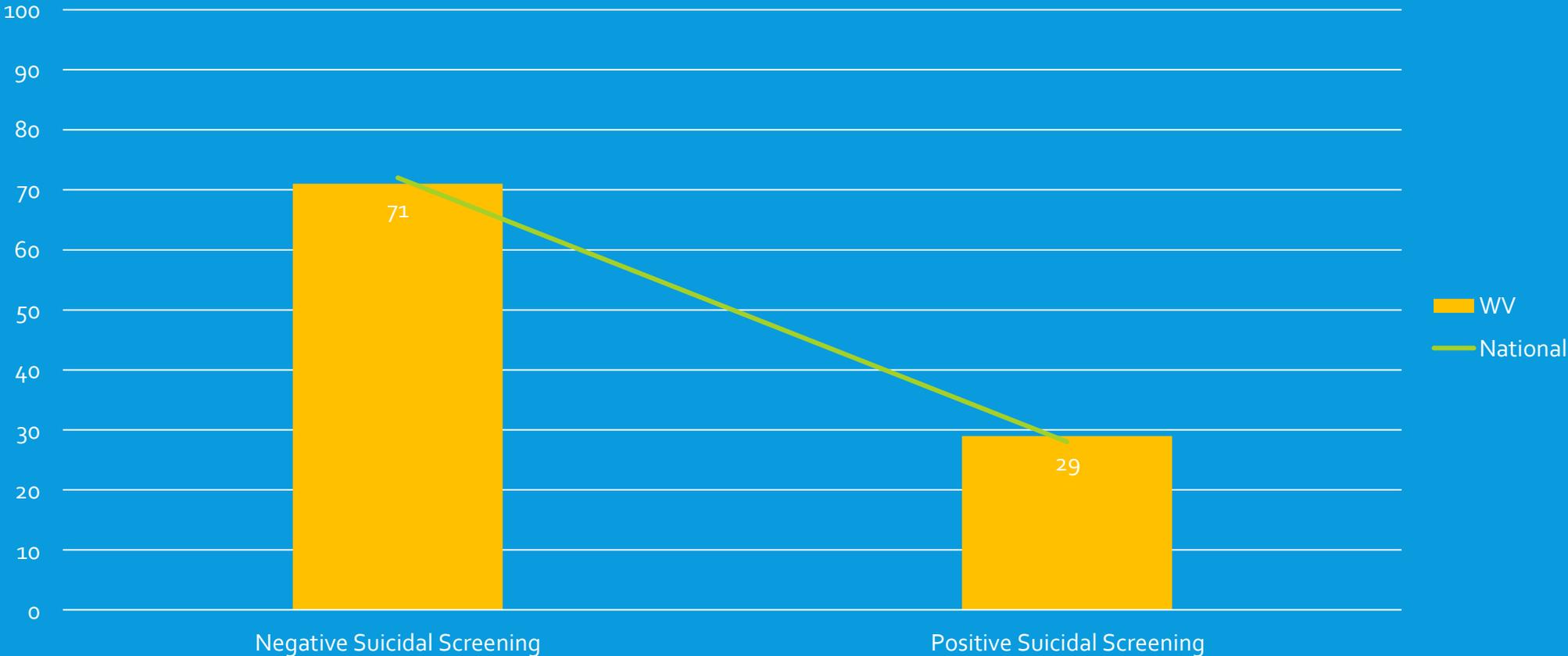
# PROBLEMS/CHALLENGES EXPERIENCED IN LAST 12 MONTHS



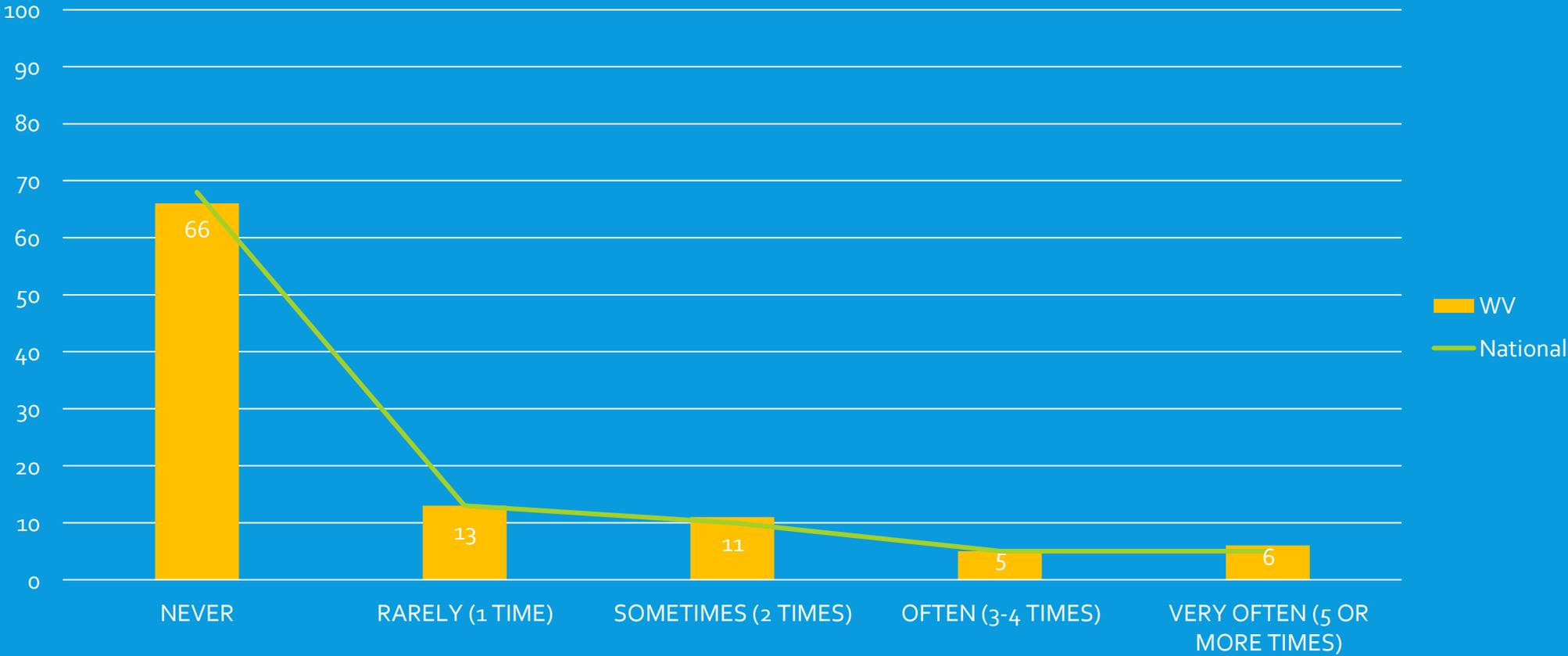
# UCLA LONELINESS SCALE



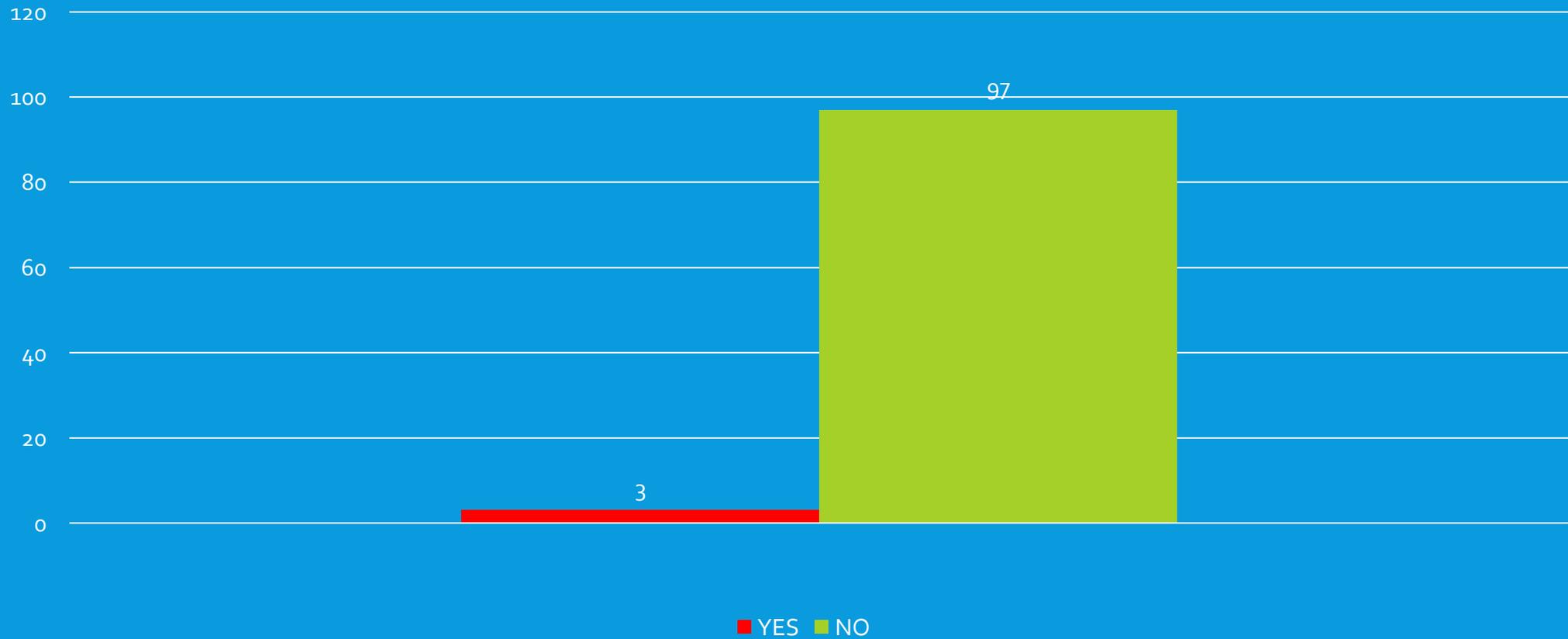
# SUICIDE BEHAVIOR QUESTIONNAIRE SCREENING (SBQ-R)



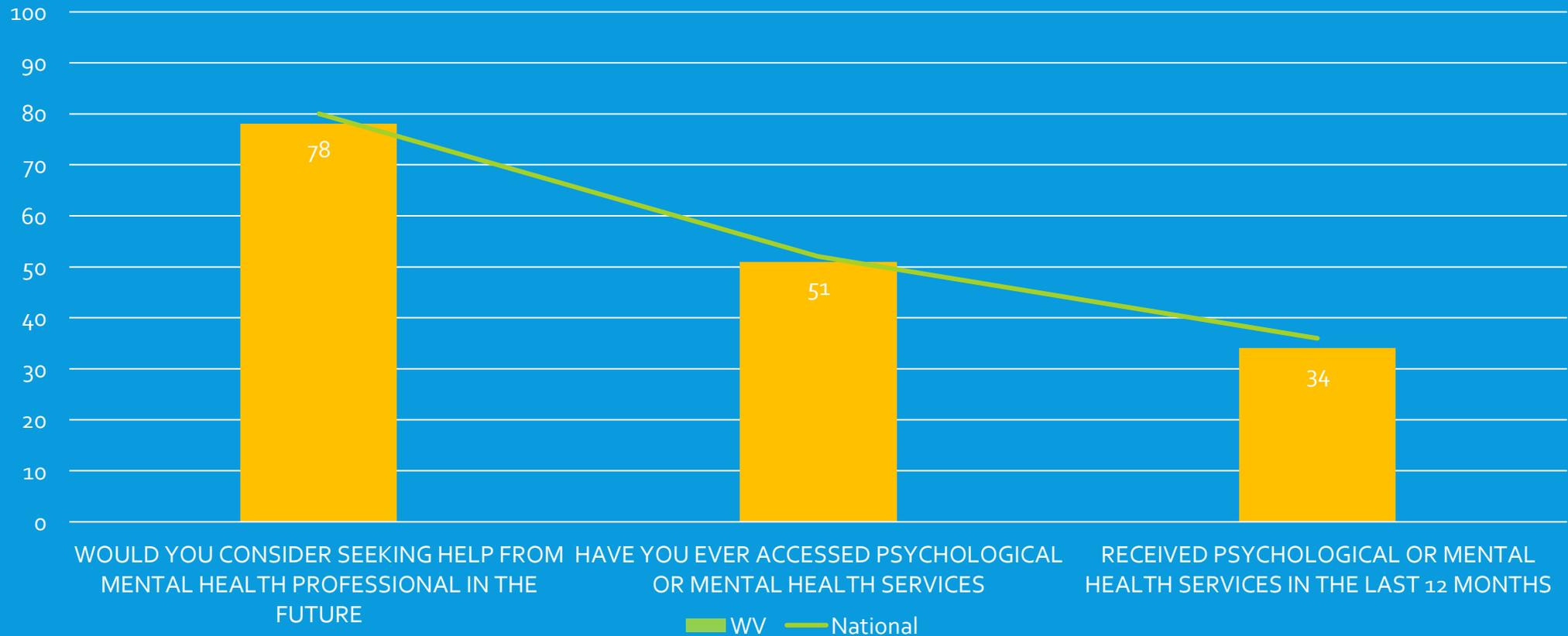
# FREQUENCY OF SUICIDAL THOUGHTS IN LAST 12 MONTHS



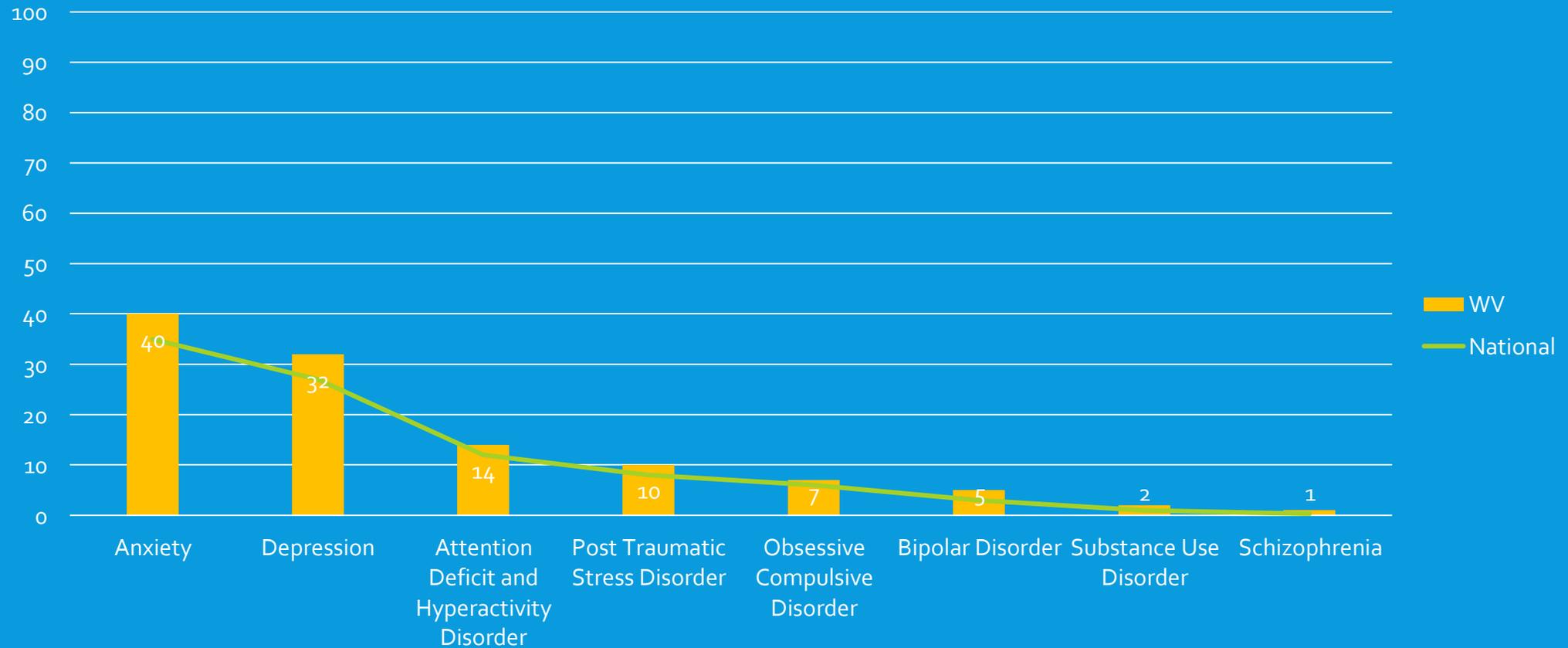
# ATTEMPTED SUICIDE IN LAST 12 MONTHS



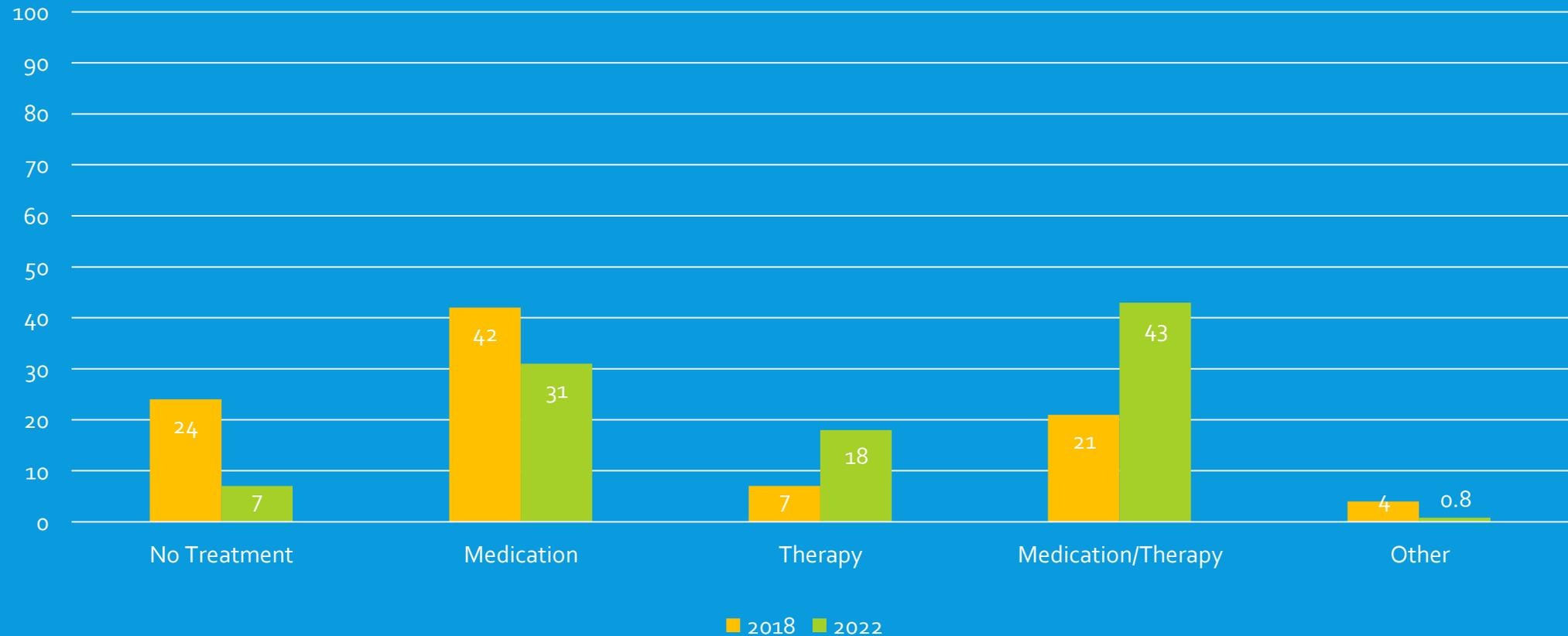
# MENTAL HEALTH HELP SEEKING



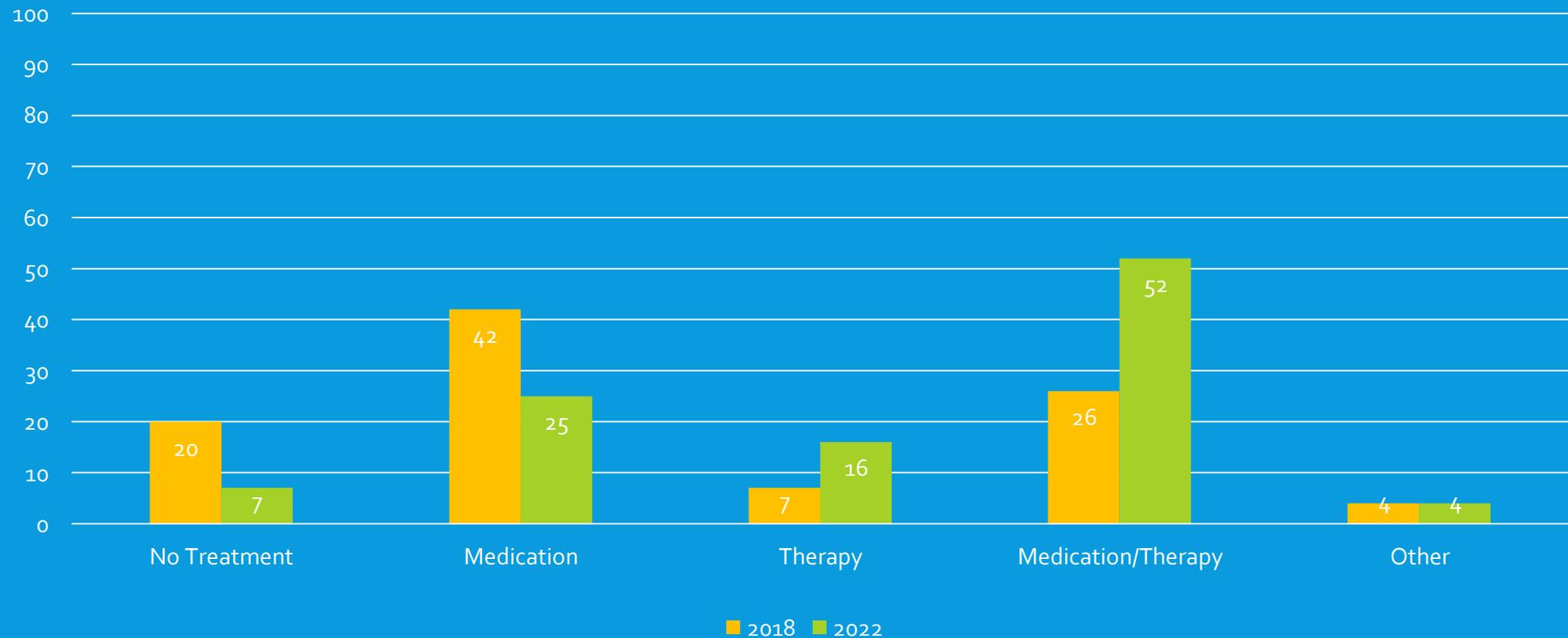
# EVER DIAGNOSED WITH MENTAL HEALTH CONDITION



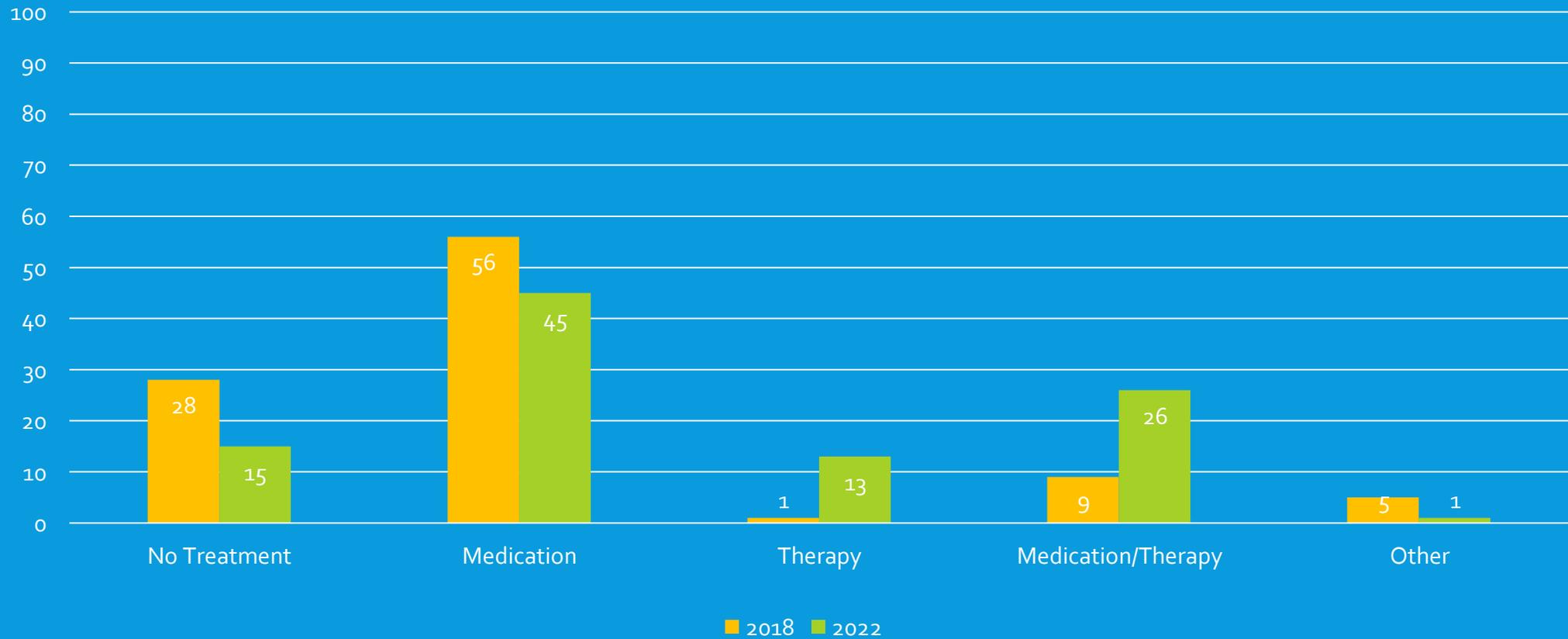
# TREATMENT FOR ANXIETY IN LAST 12 MONTHS



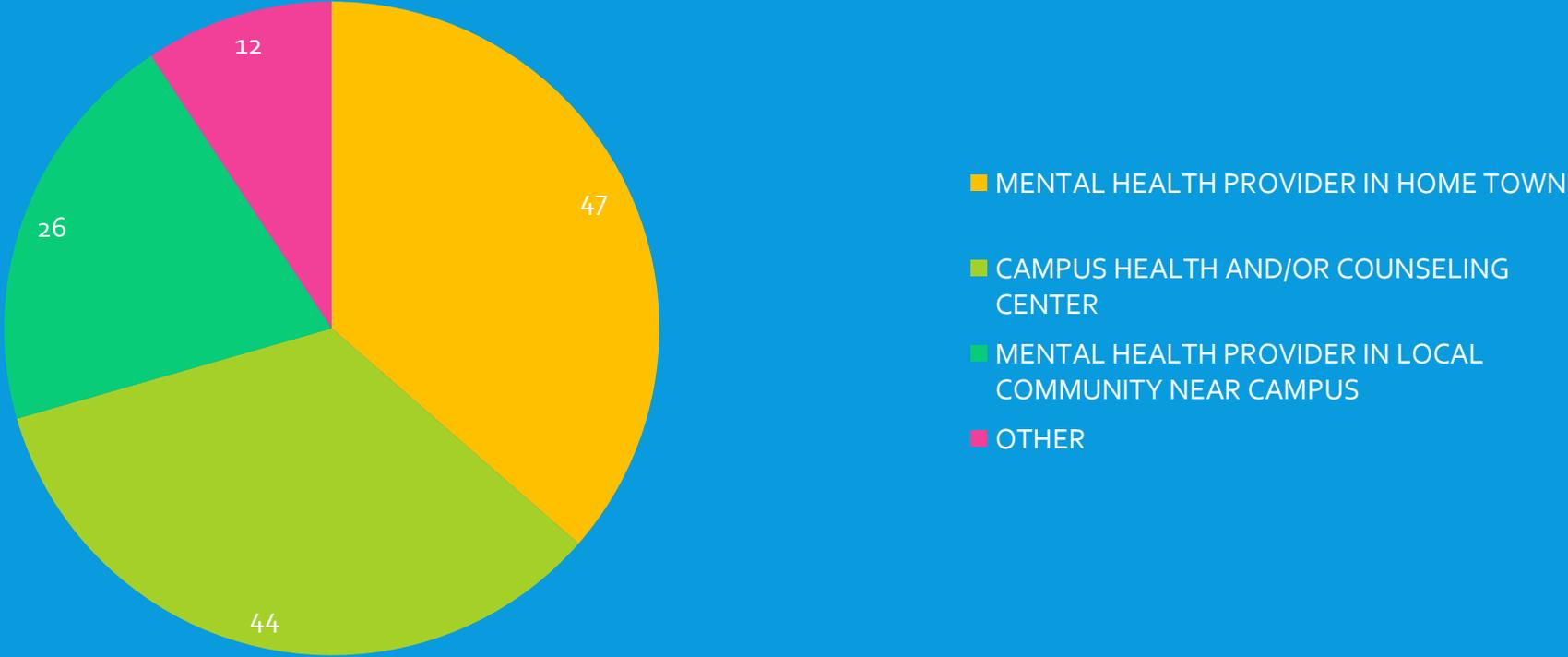
# TREATMENT FOR DEPRESSION IN LAST 12 MONTHS



# TREATMENT FOR ADHD IN LAST 12 MONTHS



# MENTAL HEALTH SERVICES PROVIDED BY



# SOME FINAL THOUGHTS

- WV is following the national trend and we are seeing significant amounts of psychological distress in our students.
- Students are willing and are engaging in more help seeking behavior.
- Institutions of Higher Education need to be ready to meet the demand by ensuring sufficient staffing and funding.
- We are all in this together.
- Nicotine cessation services should be accessible and encouraged along with prevention efforts well before college age (and the same for other substances).
- Harm reduction and early intervention efforts for substance use may help reduce negative outcomes and promote safer use (naloxone distribution, fentanyl test strips, SBIRT, AOD education).
- Safer sex supplies should be made available to students to the extent campuses are able.

FOR FURTHER INFORMATION  
CONTACT US @  
WVCIA.WV@GMAIL.COM

MANY THANKS TO OUR  
SUPPORTERS!

WEST VIRGINIA  
Department of

**Health &  
Human  
Resources**



BUREAU FOR  
BEHAVIORAL HEALTH

**GOVERNOR'S  
HIGHWAY  
SAFETY  
PROGRAM**



WEST VIRGINIA  
**Higher Education  
Policy Commission**

# REFERENCES

Healthy Minds Network. (2020). College student mental health action toolkit on mental health data and statistics. <https://jedfoundation.org/wp-content/uploads/2021/07/CollegeStudentMentalHealthActionToolkit.pdf>

Kafka, A. (2021). Campus counselors are burned out and short-staffed. *The Chronicle of Higher Education*. <https://www.chronicle.com/article/campus-counselors-are-burned-out-and-short-staffed>

Substance Abuse and Mental Health Services Administration. (2021). Prevention and treatment of anxiety, depression, and suicidal thoughts and behaviors among college students. <http://https://www.samhsa.gov/resource/ebp/prevention-treatment-anxiety-college-students>