



The **West Virginia Prevention First Alliance** is a network of organizations that promote substance use prevention recovery and education. Prevention is an integral part of the continuum of care and is a critical component of any thriving community. Prevention Lead Organizations are a part of the Prevention First Alliance and are located in six regions throughout the state. These leads have extensive training and experience related to prevention, and coordinate efforts among county coalitions and other specialists. Contact the regional Prevention Lead Organization in your area to coordinate efforts.

## Prevention Lead Organizations

### REGION 1

*Brooke, Hancock, Marshall, Ohio, Wetzel*  
Dara Pond  
Youth Services System, Inc.  
(304) 233-2045  
dpond@ysswv.com

### REGION 2

*Berkeley, Grant, Hampshire, Hardy, Jefferson, Mineral, Morgan, Pendleton*  
Barbra Masih, MS, LPC, NCC, AADC, CRC, PSII  
Potomac Highlands Guild  
304-257-1155  
barbiem@potomachighlandsguild.com

### REGION 3

*Calhoun, Jackson, Pleasants, Ritchie, Roane, Tyler, Wirt, Wood*  
Alison Browning  
Westbrook Health Services  
304-927-5200  
abrowning@westbrookhealth.com

### REGION 4:

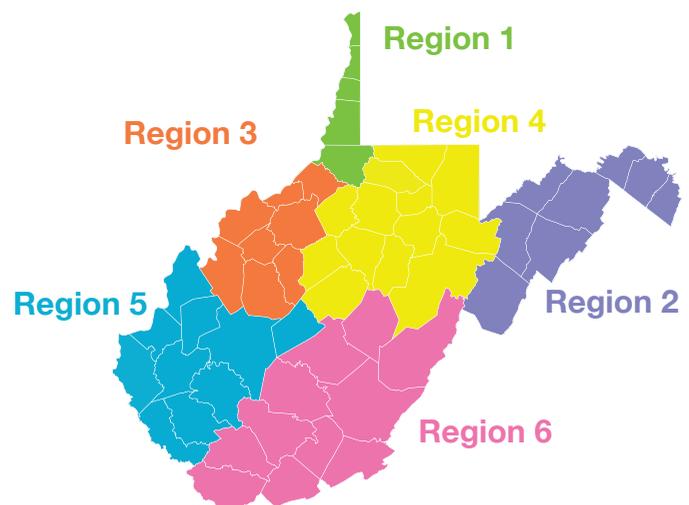
*Barbour, Braxton, Doddridge, Gilmer, Harrison, Lewis, Marion, Monongalia, Preston, Randolph, Taylor, Tucker, Upshur*  
Elizabeth Shahan, MSW, LGSW, PSII  
West Virginia Prevention Solutions  
304-423-5049  
Elizabeth@wvpreventionsolutions.org

### REGION 5

*Boone, Cabell, Clay, Kanawha, Lincoln, Logan, Mason, Mingo, Putnam, Wayne*  
Kim Shoemake, MS  
Prestera Center  
304-412-7036  
Kimberly.Shoemake@prestera.org

### REGION 6

*Fayette, Greenbrier, McDowell, Mercer, Monroe, Nicholas, Pocahontas, Raleigh, Summers, Webster, Wyoming*  
Greg Puckett  
Community Connections  
304-913-4956  
greg.puckett@strongcommunities.org



# West Virginia RESOURCES

Two websites have been developed to promote the resources, services, events and trainings in our state related to substance use prevention:



## Help & Hope WV

HelpandHopeWV.org



**Help & Hope WV** connects people to information, tools, directory of services, calendar of trainings, and events across the state.



## StigmaFree WV

StigmaFreeWV.org



**StigmaFree WV** provides information about the types of stigma experienced by individuals with substance use disorder, stories of recovery, and how people can get involved.

*Funded with federal Substance Abuse and Mental Health Services Administration (SAMHSA) funds administered through the West Virginia Department of Human Services, Bureau for Behavioral Health.*

## GET HELP



**For 24/7 Help With a Substance Use or Mental Health Issue**  
1-844-435-7498  
help4wv.com



**Substance Use and Mental Health Treatment Locator**  
findtreatment.gov  
1-800-662-HELP (4357);  
1-800-487-4899 (TTY)



**Alcohol Treatment Navigator**  
alcoholtreatment.niaaa.nih.gov



**Find a Narcotics Anonymous Meeting Near You**  
na.org/meetingsearch



**Find an Alcoholics Anonymous Meeting Near You**  
aa.org



**West Virginia Poison Control**  
wvpoisoncenter.org



**National 988 Suicide and Crisis Lifeline**  
988lifeline.org



**Prevent Suicide WV**  
preventsuicidewv.com/help/



**For 24/7 Help With a Gambling Problem**  
1800gambler.net



**Find Your Local Health Department**  
dhr.wv.gov/localhealth/Pages/Map.aspx



**Help304 West Virginia's Emotional Strengthline**  
HELP304 provides social, emotional, and supportive counseling via call, text, and chat.  
help304.com